

Ms. Lemon named Upper School Director



MS. LEMON TAKES CHARGE: After working as an English teacher and head of the English department for 12 years, Ms. Lemon will take on a new challenge as Director of the Upper School this coming year. Photo by Ellie Truitt.

BY MARGARET GAW
News Editor

The Francis Bond Davis theater erupted in claps and cheers. Tears rolled down a few faces as Ms. Armistead Lemon made her way to the stage. When Dr. Balmer announced that Ms. Lemon, current English Department chair, would succeed Mrs. Jess Hill as upper school director, the Harpeth Hall community's answer was this collective excitement.

"Anyone who can garner the same reaction from the student body as Reese Witherspoon is the right choice," said Upper School tennis and wellness coach, Buffy Baker.

When Ms. Lemon enters a room, a calm presence and poise comes with her. She has a spark of joy in her eye and an intentional way of speaking to the people around her. Along with her strength and intelligence, Ms. Lemon has a charming sense of humor.

"I am a huge Justin Timberlake fan," Ms. Lemon said; "I actually went to see him when I was nine months pregnant with my book club."

Not only does Ms. Lemon love JT, but she also has the natural gift of deeply caring for students. "She has a really amazing way of making you feel validated," said, senior, Vivian Herzog; "Especially when you are talking about big themes in English... it could be hard to articulate them and she always seems to understand the seed of your idea. She is so passionate about the literature and it is contagious. I have completely changed because of her classes."

(Lemon continued on page 3)

In memoriam: Harpeth Hall mourns Mr. Willie Perry

BY STELLA VUJIC
News Editor

On Sunday evening, Feb. 12, Willie Perry, beloved member of the Harpeth Hall community, suddenly passed away. He was 57 years old. As a Harpeth Hall employee for 19 years, Mr. Perry embodied the virtues of kindness, compassion and hard work.

Faculty members remember his never-ending compassion for others. "He was one of the kindest, most warm-hearted people I know," Upper School math teacher Mrs. Biegl said; "Every single time I saw him, he would give me a big bear hug. He would

ask me how my day was going, how my family was doing. He would just always care. He was like this little bright sunny spot."

His commitment to keeping the grounds of Harpeth Hall beautiful was evident in his incredible work ethic and was reflected across campus. "He was this unfailingly positive presence and it was reflected in his work. He really loved making this place look great. He was bringing sunshine to the grounds, to the halls through what he did.

He was very tireless in his work," Upper School English teacher and close friend Mr. Croker said. "Mr. Perry was known for always greeting students on campus with a friendly smile. "Every morning, Mr. Perry met me with a bright smile as I was walking up the hill to school. He would stop the golf cart and ask me how I was doing and al-

ways wish me a great day. It was a splendid start to every morning, knowing that he genuinely cared," junior, Camille Patton said.

Upper School history teacher Dr. Echard echoed these sentiments. "He would be here, early in the morning before almost anyone else. He would sometimes stay really late," Dr. Echard said; "He was so dedicated to maintaining these grounds, which are beautiful of course. We take it for granted so much. All of us do."

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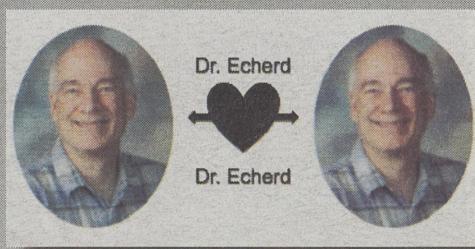
that he genuinely cared,"



MR. PERRY CONNECTS WITH STUDENTS: At last year's Donot forget the faculty breakfast, Mr. Perry was photographed with students. He will forever be remembered for his uplifting presence at the Halls. Photo by Marie Maxwell.



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Eat up: meal plan is now required

New dining hall decisions prompt concerns regarding space and dietary needs

BY MAGGIE SULLIVAN AND STEFANIE

CHIGULURI

Staff Writers

Another change to Harpeth Hall's dining system is on its way: the meal plan will be included in school tuition in the 2017-2018 school year.

In a recent letter to parents, Head of School Dr. Stephanie Balmer said, "In an ongoing effort to reduce expenses beyond tuition and to provide an equitable experience for all students, our Board of Trustees has voted to incorporate the meal plan into the 2017-18 tuition, resulting in an all-inclusive plan in which all families participate at a lower cost per student."

The transition is meant to streamline the dining system. Jennifer Hillen, Associate Director of Finance and Operations, said, "It's the one time of day when every single student is together, so to have all those options there and everyone on the same plan made a lot of sense." Approximately 84% of students are already on the meal plan.

Recent survey results of 159 students show that about half of students are only "sometimes" satisfied with the current dining system, citing long lines and space constraints in the dining hall as major issues.

Students with dietary restrictions have also had problems with the current menu. "I wish that they would provide more vegetarian entrees and have more



EAT AND ENJOY: Harpeth Hall students eat lunch in the dining hall. Photo by Ellie Truitt.

'clean eating' options instead of the carb-heavy meals they currently provide," sophomore Ann Chapman Tirrell said.

These issues have caused concern among the student body looking forward to next year, when more students will be on the meal plan. A vast majority of surveyed students, 85.5%, believed the change would negatively affect them.

However, the administration has emphasized that the new system will alleviate many of the issues that students are

currently experiencing. "We are able to do a lot more and provide more services ... moving things out into the dining hall area and not keeping things necessarily in the kitchen - when everyone participates in the meal plan," Upper School Dean of Students Ms. Stockdale said.

Dr. Balmer addressed dietary concerns in her letter as well. "The Sage menu filters at present on 24 different allergens so students with allergies or dietary restrictions are accommodated," she said.

With every student on the meal plan, the school is hopeful that it will be able to cut down on the amount of food being brought to school by students and cut down on the allergy risk. "We are definitely not saying that people can't bring food from home, but we want to be careful about the allergy factor there," Ms. Hillen said.

The increased cost of tuition has some students worried as well. "Students should not be required to buy lunch if they do not want to," junior Isabelle Kohler said. "I do not see anything useful coming from requiring everyone to pay for the meal plan."

The administration has carefully considered this issue and determined that requiring the meal plan will actually be more cost-efficient for Harpeth Hall in the long run.

"I do think that by adding the meal plan to tuition a few more families will be able to qualify [for financial aid]... For any family, no matter their need level, the overall cost goes down," Ms. Hillen said. Financial aid will also be adjusted to account for the meal plan.

"I understand that there's an apprehension about things that are new - that's human nature - but I also think that people that are transitioning to being on the meal plan are going to really enjoy it," Ms. Stockdale said.

President Trump hits the ground running

Administration makes waves with controversial foreign and domestic policies

BY STELLA VUJIC

News Editor

Since Donald Trump's inauguration on January 20th, all eyes have been turned on Washington. The Trump administration's first month in office has been a tumultuous one—unexpected executive orders, hotly-contested Senate confirmation hearings for new cabinet appointees and major policy departures from the Obama administration have all taken place in the past few weeks.

Perhaps his most controversial move was an executive order placing an indefinite travel ban on citizens from seven majority Muslim countries. The Trump Administration defended the Jan. 27 order on the grounds that it protected Americans from terrorist attacks. However, the order was criticized for discrimination and a lack adequate justification and sparked mass protests across the United States, according to NPR.

The order was deemed unconstitutional by a federal judge in Seattle and suspended about a week after it was released. According to the Washington Post, the administration is currently working to produce a revised order, although it is still unclear when it will be released.

"I think that because he didn't win the popular vote, he [Trump] felt he needed to prove himself to his voters, so he rushed through a bunch of executive

orders and didn't take the time to consult experts," senior and government student Alix Albright said. "He rushed it definitely."

In the education sector, Betsy DeVos was confirmed as Secretary of Education after a tie-breaker vote by Vice President Mike Pence. DeVos is considered by many to be unfit for the job because she lacks classroom experience or a background in public schools, according to CNN.

The Trump Administration also rescinded the Obama Administration's federal guidelines directing schools to allow transgender students to use the bathroom of their choice. According to the Chicago Tribune, the guidelines were viewed by many Republicans as an executive overreach that infringed on states' rights. However, many advocates fear that the reversal will place transgender students in harm's way.

"There's a lot to be considered when we change policies on things like that...I do think there's something to be said about it being decided on the local level rather than one overarching policy from the federal government, but if we did that maybe we wouldn't have ever desegregated schools," Department Chair of History and Social Sciences Tony Springman said.

President Trump also unveiled a new plan to increase military and defense

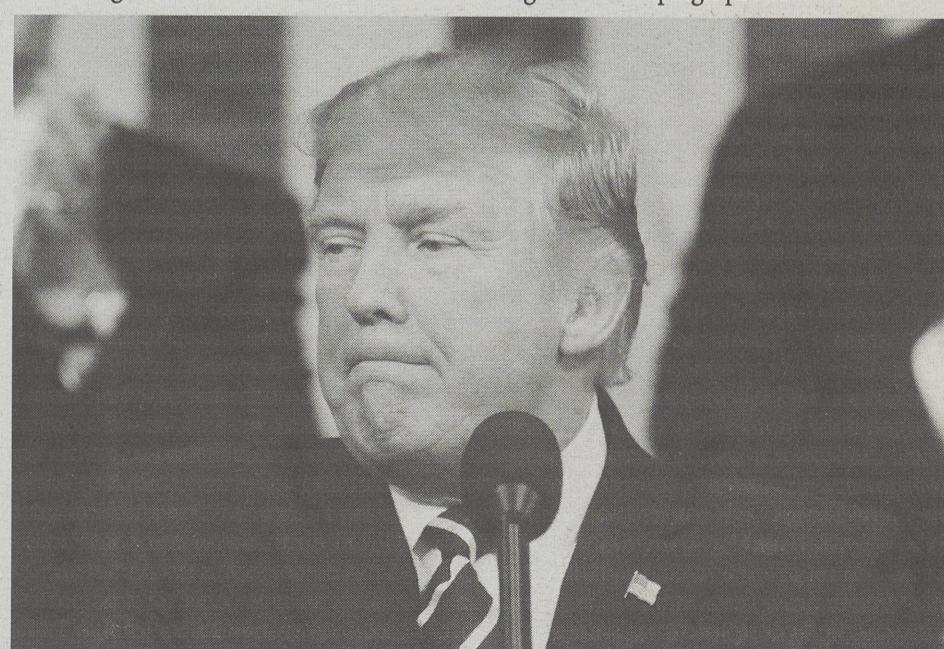
spending by \$20 billion, according to the Wall Street Journal. Calling it a "public safety and national security" budget at a governors' meeting, Trump said, "We have to start winning wars again."

Mr. Springman points out that our military budget is already fairly robust.

"I think all but one year, defense spending was higher for Obama than it was for George Bush, and we were far more

involved militarily under his [Bush's] administration...it seems like a mighty large increase. We already have the largest military budget in the world by far," he said.

Trump's administration has yet to lay out clear plans to repeal and replace Obama's Affordable Care Act and to build a border wall with Mexico, two of his signature campaign promises.



IN SESSION: Donald Trump addresses Congress during a speech on Feb. 28. Photo courtesy of Chicago Tribune.

Hunt the Halls returns

BY MARIMAC MCRAE
Staff Writer



OPEN SEASON: Junior Maggie Tattersfield and freshman Emma Lowe play Hunt the Halls. Photo by Ellie Truitt.

For the first time since 2014, Hunt the Halls returned to Harpeth Hall. This Hunger Games-esque event took place in the Upper School from Feb. 27 to Mar. 3. Students sought to "eliminate" each other by finding randomly-assigned targets and handing them an elimination slip.

The game was discontinued in 2014 after it became a distraction during class time. This time around, there were a host of rules that ensured everyone stayed safe, played fairly, and did not disrupt class. For example, students could not hunt each other during class time or in the dining hall.

Students mastered these rules quickly. Many creative elimination strategies were developed over the course of the week.

"I would like to personally thank Dr. Miller for locking the door when we were in her room so that we were safe," junior Helen Rieke said.

Hunt the Halls is arguably one of the most exciting weeks of the year. Some would disagree, claiming that the antics of the dedicated, surviving tributes are "extra" or "unnecessary"; however, the game serves as an important part of the unification of the Upper School.

For starters, HTH is basically an intense, extended, and symbolically lethal

name game. However, the games force tributes to put names to these faces. Now, instead of just saying hello on the way to class, more high school students will be able to greet each other by name.

"It was fun to be on edge at school--everyone was always looking out for everyone else," Rieke said.

There is another aspect that unifies the upper school during this week: the co-medic factor. Hunt the Halls is notorious for creating some of the funniest school rumors and myths. There is also an extremely communal aspect to HTH. Near the end of a week, it could take a village to keep one person safe. For instance, a particularly treacherous break between classes required ten ladies to form a human tunnel to funnel a girl from the Richards Room to the library. Take it from an expert: bodyguards become best friends.

The intimacy of this week came from how unexpected each encounter was. Hunt the Halls was not about the chase and the outcome, but rather about friendships that grew from the congregations in the safe-zones and the conversations in front of the board, more intimately known as 'The Hit List'. That was the magic of Hunt the Halls.

of resilience, confidence, and community fostered by Mrs. Hill. "She has a really compelling vision for Harpeth Hall; she wants confidence to be a cornerstone of this school," Dr. Wilsman said. "She believes so strongly in girls education and is committed to the research and understanding the best ways to teach girls."

"Ms. Lemon is a really good match to Mrs. Hill," sophomore Reed Kress said. "Ms. Lemon knows Harpeth Hall and she will be able to work more during the first year rather than settling in."

Herzog is also excited about the choice of an internal candidate for Upper School Director. "It is really good to have someone who completely understands Harpeth Hall, what we stand for, the culture of the students, the culture of the faculty," she said. "That knowledge of tradition with still a progressive lens will do well for the school. I am really sad I won't be here to see it."

Ms. Lemon said, "You are known. Faculty are known. I have a sense of our history and can bring that into the role.

Ms. Lemon will expand on the themes

'Tis the season for course requests

BY MOHINI MISRA AND CHARLOTTE TAYLOR
Staff Writers

Not only does February mark the beginning of a new semester, but it also brings about the course guide for the 2017-2018 school year. Choosing courses can be daunting, but exciting at the same time.

Junior Betsy Beuter recommends that students remember to be realistic with their course selections. "Think about balance, especially for junior year because you don't really think about this, but for second semester you have to do standardized testing," Beuter said.

A new piece of this year's course selection includes the AP American Government class that will be offered next year. This course will inform students about different institutions, groups, and beliefs in relation to the US government. It will allow students to explore different views as they become more conscious of the political stance of the country.

Because it is a semester class, students can experience an Advanced Placement course without having to commit to it for a full year. According to Mr. Springman, of all the APs, "this is the easiest. Easiest test, easiest curriculum, only a semester." This class is great for a girl who might want to try an AP class for the first time; however, this class will still have the rigor of other AP classes.

In addition to the new course options, all AP History class and AP English classes are open enrollment. For AP Language and Composition both juniors and seniors are allowed open enrollment, while all seniors have the opportunity to take AP Literature. Students previously had to obtain a teacher's recommendation in order to enroll in AP courses in the History Department; however, now all students are

CIVICS LESSON: Students in American Gov, which will be replaced by AP Gov. Photo by Ellie Truitt.

I also get energized about new ideas and can work to shift culture where need be."

She explained why she is excited about taking over the position: "I absolutely love teaching and in some ways, I feel like it is an extension of teaching. I love thinking about best ways to teach girls. For me, it is about grappling with the bigger picture of girls education and making sure Harpeth Hall is the leader in that. And that you all are getting the very best here at a girls school."

Ms. Lemon will continue to foster the joy and energy that she believes sets Harpeth Hall apart. "To me, the Upper School is characterized by intellectual vitality and joy," she said. "The two are meshed, and one is never compromised by the other. My sense is that this is a special and rare combination, and manifests itself in different ways."

Ms. Lemon hopes to bring to the Upper School an activity that will promote the joy she exudes: ping pong. "I am a fiercely competitive ping pong player," Ms. Lemon said. "Look for a resurgence of this

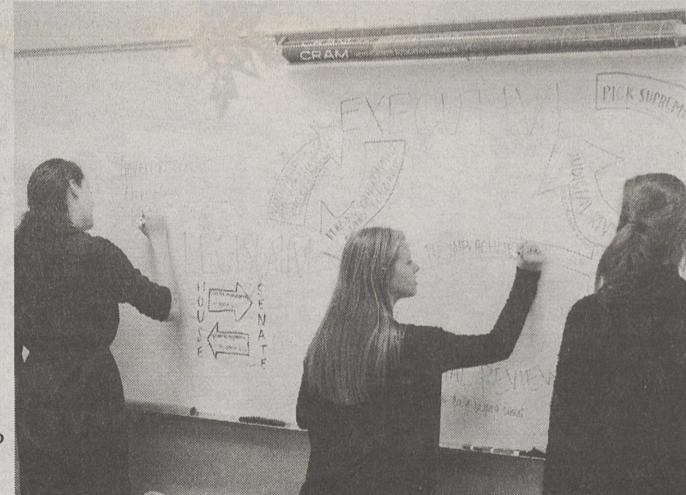
welcome to take the AP version of her class for the next year.

However, with open enrollment in place, students are granted an abundance of freedom in their choice to enroll in AP History and AP English courses. Zora Young, sophomore, is excited about this change. "It lets us make our own decisions and makes us more independent," Young said. It is necessary to remember the responsibility and difficulty associated with an AP class when granted so much choice. Students are still, of course, able to talk with their teachers to assess whether or not they are ready for the AP class for the following year.

"We've always struggled with how do you say who gets in and who doesn't," History Department Chair, Tony Springman said. "We're usually very comfortable with about 90% of our choices. But when you get down to the last ten—is this really what's best for her?"

Despite some qualms about the new freedom, teachers have expressed enthusiasm about holding one-on-one meetings with students.

While it is important to have a balanced schedule, it is equally important for a student to push and expand herself through her classes. The most problematic part of course selection is often finding the equilibrium between the two.



sport in the Upper School."

Ms. Lemon is eager to deepen relationships with teachers, students, and faculty in her new role. "I am really excited to work with teachers...thinking about how I can help our teachers and lift up what they are already doing well in the classroom. I am really excited about talking more about the conversations about balance for students and faculty. I love working with girls and their parents so I am excited about that too."

"One thing that Ms. Lemon said is the future is bright," Coach Baker said. "She will find the innovative and exciting opportunities that are only going to foster girls growth beyond Harpeth Hall."

Dr. Balmer sums it up: "Mrs. Lemon is an ardent supporter of our Upper School students and faculty! Her capacity to lead confidently given these important relationships will advance the work of our upper school in powerful and innovative ways. She often comments that our students inspire her and that her work is 'all about our girls'."

A worldwide march of solidarity

BY ALIX ALBRIGHT AND MARY CATHERINE CLAVERIE

Staff Writers

On Saturday, Jan. 21, the day after the Inauguration of President Donald J. Trump, millions of people of different backgrounds, ethnicities, sexual orientations, and genders gathered together all across the country to march for women's rights. Here in Nashville over 15,000 men, women and children all march for different reasons, but stood united to make a difference.

The march was organized after the election of President Trump and quickly became a worldwide movement. Some participants were marching directly against President Trump, while others were marching for causes that have the possibility of being affected by his new administration. Trump's comments and attitude toward women have sparked mass disapproval. As a way to assert the value of women in the face of a president who seems will do little to either end the patriarchy or sexism of America, protesters gathered across the nation. In fact, the marches were not exclusive to America—they were held in every single continent, including Antarctica. 673 cities held official Women's Marches and more than



NASHVILLE MARCHES: Thousands of concerned Nashvillians unify for social justice throughout the city. Photo by Olivia Krueger.

4.2 million marched in the United States alone. Across the world, there were 200 other international marches in cities ranging from Paris, France to Nairobi, Kenya.



DC MARCHES: The capitol fills with passionate supporters of human rights. Photo by Lia Hayduk.

Many Harpeth Hall students, faculty and staff marched in the women's march. Although the march is called the women's march, women's rights were not the only issue being represented. People marched for organizations and causes such as LGBTQ rights, the Black Lives Matter movement, transgender rights, immigrant rights and reproductive rights.

"As a white LGBT person living in an accepting family in Nashville, I don't struggle a lot for equality," freshman Skye Dupree said, "however, that doesn't mean that I don't face any discrimination at all. It's really hard to be a young LGBT person, and I marched to ensure that I and every member of my community gets the respect and rights we deserve."

Motivated by her desire to see the wage gap addressed, junior Lia Hayduk also marched in Nashville. "Currently, 19 percent of Congress is female and women are paid 77 cents to a man's dollar," Hayduk said. "Those statistics do not reflect equality and I marched to show the new administration that those statistics need to change."

At Harpeth Hall, students are taught that girls are just as good as men, and luckily many men agree. Not only did women participate in the march, but husbands, fathers, grandfathers, uncles and brothers marched alongside their wives and sisters, showing that you do not have to be female to believe in women's rights.

Among the marchers here in Nashville were many Harpeth Hall students and faculty. English teacher Joe Croker marched alongside his wife, daughters, friends and fellow citizens. He was particularly struck by the spirit of the marches. He said, "I think that any peaceful assembly of citizens who are expressing their views is a good and healthy thing for a democracy like our own". When asked about the success of the marches he said, "In fact, events like these are as American as it gets."

While the participants may have marched for different causes, it can be agreed that there was a powerful unifying force at hand. Senior Vivian Herzog also marched in Nashville. She said, "[This is] a movement for like-minded people to express their ideas and feed off of each other's passion for the same ideas."

Senior Murray Hannon marched in Washington, D.C. alongside half a million others. Among the people she met, talked to and marched with was an eighty-four-year-old woman who had marched with Gloria Steinem in the 1960s. She recalled the protest as being packed, diverse and inspiring: "There were a few times that I had to stop and take it all in. I have read about Washington protests in history, and now I have participated in one."

As women's rights and other important issues become topics more discussed on a day-to-day basis, marches like the women's march become more necessary. The topics of gender equality and women's rights will continue to be a large issue in our country, but Denise Croker, English teacher, sees hope in such marches. "I think they [the marches] are an expression of people who recognize we do need gender equality to have a better society," Ms. Croker said.

Rolf & Daughters takes Nashville by storm

BY DHARA PATEL

News Editor

Rolf & Daughters is an upcoming hotspot in the Nashville restaurant scene. According to The Tennessean, Nashville has acquired 490 new restaurants since 2010. From hip coffee shops to elegant restaurants, Nashville's food scene is quickly booming.

Harpeth Hall students and faculty were given a list of Nashville's newest restaurants and told to rate their personal experiences from one to five. Rolf and Daughters was given the highest rating. In fact, an overwhelming 60 percent of those surveyed gave it five stars.

Philip Krajeck is the head chef and owner of Rolf & Daughters who decided to build his new restaurant in Germantown. "This area was all a part of the old Werthan textile mill," Krajeck said. "And this particular building was the boiler

room." When Krajeck designed the front of the house, he wanted to "show the raw space and not hide the imperfections."

The bare brick walls, caged windows, and a few furniture pieces are unchanged since Krajeck bought the building.

Like the interior, the menu is very unique. "We have an opinion of what we like," Krajeck said. "We are creating dishes that we want to eat and are interesting to us." All ingredients are freshly grown in farms surrounding Nashville.

The menu is composed of dishes that the chefs at Rolf & Daughters truly love creating. Krajeck explained that the menu is only getting better and that his employees "want to do something new to challenge [themselves]."

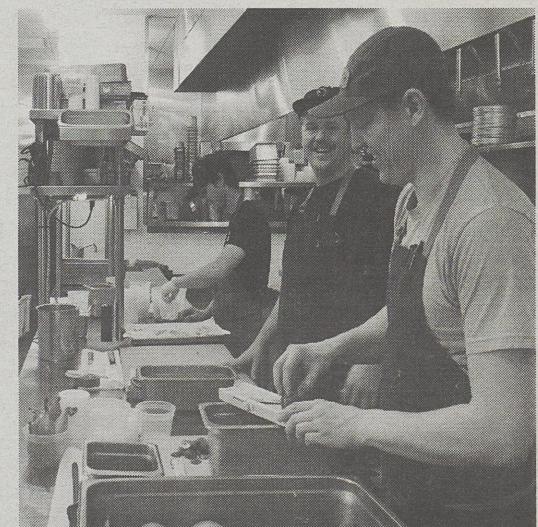
Evidently, passion is an essential ingredient in every dish. It is what propels

Rolf and Daughters to have such an innovative menu.

Harpeth Hall sophomore Katie Stark recently visited Rolf and Daughters. "It's definitely one of my favorite restaurants, and the environment is hip and intimate," said Stark.

David Griswold, Upper School Math teacher, agrees. "The food is far more impressive than the menu looks at first glance. The dishes are deceptively simple in their descriptions, but the incredible quality of the ingredients and the perfect balance of flavors make them stand out" said Mr. Griswold.

Rolf & Daughters is unique yet definitely does not fail to appeal to a wide variety of audiences.



BEHIND THE SCENES: Chefs prepare perfection at the trendy establishment. Photo by Dhara Patel.

Harpeth Hall's new reigning queens

BY BUSHRA RAHMAN AND MARGARET GAW

Features Editor and News Editor

The Harpeth Hall community wistfully cherishes Mrs. Hill's last few months as Upper School Director, and will continue to admire her exemplary elegance and dedication while leading the community. In light of the coming changes accompanying the new Upper School head, Logos' very own Margaret Gaw and Bushra Rahman have decided to step into the prestigious role themselves and share with you their plans for running this institution. Here's how Harpeth Hall would look different under a Gaw-Rahman regime.

THE X FACTOR

Harpeth Hall students value a little pocket of time after lunch and before last block almost as much as JoCro values Babadas, aka Tony Springman. This is X block, the wonderful block of assemblies, advisories, clubs and class meetings. However, how can X block be free more frequently? Never fear, Gaw-Rahman has a plan. Our first step is to make advisory one day a week during lunch rather than X block. Next, every senior speech assembly would be optional for underclasswomen. Finally, pep rallies would be after school before the big game.



MORE CLASSES, PLEASE!

Everyone wants to have Babadas Springman as a teacher, so why not make more, shorter blocks available for HH girls to take his electives? Gaw-Rahman would love to add H block to your schedules next year, a block for anything from Babadas's psychology to Mrs. Keen's anatomy to Coach Goodwin's photography. You'll never have to choose between two electives ever again. You're welcome.

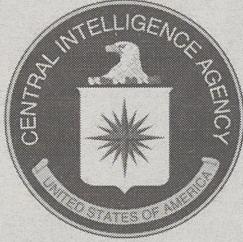
THE H WORD

Homework is something of which we need less. Therefore, students will be forbidden to spend more than 3 hours on it. Those found in violation of this rule will be subject to demerits.



NEW CLASSES

Under the Gaw-Rahman regime, two new classes would be offered to the HH community, one taught by the lovely Mrs. Dora Biegl titled "How to use Hungarian math to covertly mesmerize students." This class would be offered before school in the room of Mrs. Biegl herself. Secondly, it is a well-known fact that Señor/Monsieur Tuzeneu is in the CIA. As your Upper School directors, Gaw-Rahman would create "How to be in the CIA, know 5 languages, and teach at HH 101" with the enigma himself from 3:30-4:30pm in Wallace 208.



QUEEN FOR A DAY: Juniors Margaret Gaw and Bushra Rahman work diligently as Harpeth Hall's youngest heads of the Upper School. Photo Courtesy of Ellie Truitt.



EXAM WEEK? MORE LIKE SLUMBER PARTY!

During exam week, the library will be open all night. Students are welcome to bring pjs and blankets and camp at the library for the entire week and even throw a study sleepover with friends. Who knew studying for exams could be this fun?



THE MYTH, THE LEGEND

If Margaret Gaw and Bushra Rahman became your Upper School directors, Dr. Mary Ellen Pethel, esteemed historian and HH's archivist, would ride around campus on a pony every day as her mode of transportation. From the lower level of the HH library to Wallace 303, she would be HH's very own Frontier cowgirl. Thank you, Dr. Pethel, for your grace and generosity to our HH community.

WE ARE IMPATIENT PEOPLE

No one likes standing in line when hungry. How will Gaw-Rahman save you from such horrors? Renovate the lunchroom to be two stories. That's right -- interior and exterior architecture with 5 flat screen TVs and homemade ice cream bar. In addition to an amazing dessert assortment, Chik-fil-a and Whole Foods will be served as other lunch options. You'll never know what hit you.

HH'S PERSONAL MASCOTS

Pets will be allowed on campus every Friday. All pets--dogs, cats, hamsters, fish, rabbits, zebras, crickets--will be permitted, with the exception of the American yorkshire pig. However, each student will be responsible for keeping after their pet to prevent any use of the restroom on the Ann Teaff quadrangle.

From: Nicola Bullard >
To: Full Faculty > All Students > Hide

Dog on Campus
February 8, 2017 at 9:40 AM
Found in Trash Mailbox

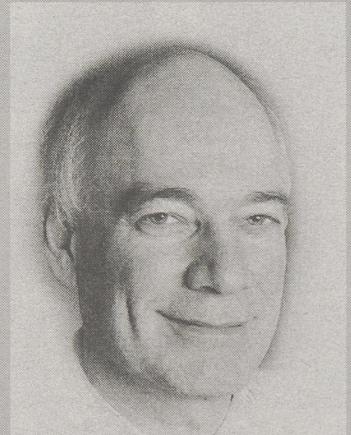
Good morning,

The maintenance team are aware that there is a dog on campus. He is very scared and they are working to get him home. Please do not try to grab the dog or coax him anywhere - they have a plan.

nb

THE BEST BUST IN THE "HISTORY" OF BUSTS

Courtesy of Joe Croker, the history hallway could receive an invaluable addition. There would be a marble bust of the head of the legendary Dr. Art Echerd. This work of art would sit on a gold pedestal and be placed in the center of the hallway for everyone to see. Students should rub the top of his head for good luck. Don't worry, the bust will be polished with whale oil frequently by Joe Croker himself.



SPA DAY EVERYDAY

As an extension of Dr. Cupit's office, there could be a full-time spa functioning from 9-5 everyday. So, while also receiving some mental relaxation after seeing Dr. Cupit, you can also have a spa day as well. It would include manicurists and masseuses, and students could hop in during free blocks or free x blocks for a facial.

Students never stop exploring: Winterim 2017

BY MAGGIE SULLIVAN

Staff Writer

In a short span of only three weeks in January, Winterim has served as a transformative experience for Harpeth Hall Upper School students since its inception in 1973. The 44th Winterim at Harpeth Hall, guided by the theme "Never Stop Exploring," was certainly a time for travel across both international borders and fields of study. This year's upperclassmen traveled to 10 different countries and a wide variety of cities, gaining invaluable and life-changing experiences on the way.

When dreaming of their own Winterim experiences, younger Harpeth Hall students often look toward the most frequent Winterim internships within the United States, found in the heart of New York City and on the National Mall. The group in Washington also attended both the inauguration of Donald Trump and the Women's March.

"In D.C., there was a lot of energy," Margaret Gaw said; "There were people everywhere and police everywhere, so being at those two historic events, I mean, that was a once-in-a-lifetime thing."

In New York City, Harpeth Hall students worked in businesses large and small across diverse fields. One senior who visited New York was Murray Hannon, who served as a special chief assistant to the Mayor de Blasio.

"There are a lot more young people in the field in New York than there are in Nashville," Hannon said. "I think everyone who worked in my office in the higher-up positions was under the age of forty."

Both NYC and DC have been Winterim destinations for many Harpeth Hall alumnae in years past, and if the response from this year's upperclassmen is any indication, they will continue to do so for years to come.

There are also many Winterim opportunities to be found in Nashville, opportunities as immense as the city itself. Seventy-nine Honeybears interned in a wide range of fields across Nashville, ranging from education to medicine to service to journalism and many more. Junior Ciara Sohr worked with a kindergarten teacher at Harding Academy. Sohr said, "I helped the teacher with her lesson plans and carrying them out, making worksheets,



G'day Mate: (left to right) Seniors Olivia Tirril, Kate Sullivan, Evie Witty and Hailey Lund pose in front of the Sydney Oprey House in Australia. *Photo Courtesy of Kate Sullivan.*

teaching, observing their learning skills and working one-on-one with them...one of the best things I took away from it was probably getting to know how smart they are and how they learn differently, and watching how much they've learned in such a short period of time."

Siobhan Efionayi, junior, worked in the pediatric cardiac Intensive Care Unit at Vanderbilt. "It taught me that medicine is such a broad term, and that there are so many aspects of it," Efionayi said. "Even if you just specialize, say, in pediatric cardiology, you'll always have something new and different to do, and something always interesting comes up. So after working there, I definitely want to be a pediatrician." The experiences and internships within Nashville this year showed each girl more about not only their field of work, but also the city itself.

This year, smaller trips to Australia and Belfast also allowed girls a more independent experience abroad. "My experience showed me that there's a lot more to explore, but also that each city has its own problem," Senior Summer Kapanka said. "So for example, Belfast...is known for its political divides inside the country, and there are actually barbed wire fences and things like that to protect the Protestants or the Catholics...But it's interesting to experience a culture of segregation now that the United States has gone past that, and kinda seeing what the past looks like but also seeing how much Belfast relates to Nashville, even though that part of Belfast is stuck in the past."

Seeing more about the world through these trips allowed Harpeth Hall girls to understand another worldview together.

Many Honeybears complete independent studies, exchanges, and internships



Senior Meredith Welborn reflects on her trip to Uganda. "Coming back here and realizing that the relationships that I made with the women and the children—they're not gone," said Welborn. "They mean so much to me, and I didn't realize how much it meant to them too." *Photo Courtesy of Meredith Welborn.*



In Washington, D.C., Honeybears were working both under influential senators and congressmen on Capitol Hill and across the city in medical centers, law firms, and national institutes. Junior Margaret Gaw worked at the Children's National Medical Center in their genetics lab and clinic. "They have a really awesome genetics department," Gaw said. "And I was able to learn from the doctors and the researchers there." *Photo Courtesy of Lia Hayduk.*

across the United States and even internationally every year. Such independence requires a proactive student who can operate on her own, and this year, many upperclassmen were up to the task. Twenty-three girls completed independent studies and internships this year, from Los Angeles and New Orleans to Guyana and Austria.

Stella Vujic, a junior, completed an independent study in Vienna. "Vienna is kind of a city where the arts intersect," Vujic said. "And there's a real respect and reverence for artists and musicians that came before." Junior Ifeanyi Da Silva spent her Winterim in Guyana working under the President. "My coworkers were absolutely hilarious and amazing, and they did not treat me like a 16-year-old American who they should be cautious around, who knows things about the government, or baby me as a child or anything," Da Silva said. "I was a respected equal, so they would joke around with me." The independence of these experiences allowed the students who engaged in them a new perspective on the world and their place in it.

The experience of Winterim is intended to allow girls insight into both themselves and the world, and that certainly was the experience of Honeybears this year. Winterim often provides perspective on the field a student chooses, and allows her to think ahead into her career.

Junior Shaye Hendricks worked under a personal clothing consultant for celebrities. "I was interested in the fashion world going in, but not necessarily in being a stylist, but now, coming out of it, I loved it so much, and so I feel like that's something I could definitely see myself doing in the future" said Hendricks. "I built a lot of relationships...with other stylists in L.A., and so it was nice forming those bonds now and so that in college or after college I will have those connections to reach out to them."

Winterim is meant to provide clarity and purpose to every student, and in the case of nearly every student, it accomplishes that goal. With the diverse experiences it provided across the country and the world, this year's Winterim certainly allowed upperclassmen the opportunity to "Never Stop Exploring."



Junior Sunni Luo appreciated the different culture in Japan. "I enjoyed seeing many things that were older than America," Luo said. "We did get to meet a maiko, who is a geisha in training, and we were also able to meet school students and even an atomic bomb survivor." *Photo Courtesy of Grace Rader.*

Painting the profile: Carmen Noel

BY STEFANIE CHIGULURI
Staff Writer

Carmen Noel is the head of the Fine Arts Department and is also an Art I teacher in the Harpeth Hall Upper School. She is truly invested in her job, and even more so in her students.

Ms. Noel joined the Harpeth Hall community last year when there was an opening in the art department. She had previously attended an all-girls' school, and so Harpeth Hall had been on her radar. Ironically, Upper School English teacher Emy Noel, was the one who had reached out to her.

Ms. Noel first was introduced to art through her love of drawing. As a kid, she has a fond memory of drawing on the paper tablecloths that were more popular in the 1990s.

Sadly, however, in high school, she found that she didn't have a great art teacher and for a period of time abandoned her passion for drawing and art.

Later, she reconnected with art at Vanderbilt University and pursued a major in it for her undergraduate degree. For graduate school she attended Ohio State. During the summers, she was teaching as well to better her educational skills in informing others about art.

She was driven and passionate about both art and education and she transferred this enthusiasm to the Harpeth Hall community.



Adoring Advisees : (Left to right, top) Ellie Edwards, Julia Yakushi, Jolie Quinn, Gracie Stambaugh, Mrs. Noel, (bottom row) Natalie Harrison, Bianca Sass, Cole Hastings and Browning Clark pose as an advisory. Photo Courtesy of Carmen Noel.

Before coming to Harpeth Hall, Ms. Noel worked at Lead Academy, where she helped to start the art program there. She taught at Lead for six years. Within this period, she taught Art I, II, III, and IV.

"I really enjoyed the experience," Ms. Noel said, "but the all-girls' environment, I know that I love that. It shaped who I am, and it shaped who my sister is. I just felt I needed to get back to that."

Ms. Noel loves being an art teacher and shows a lot of dedication to her work and students alike. "Art is a really nice outlet," Ms. Noel said, "It gives people the opportunity to think things they wouldn't

have otherwise thought."

She loves being able to provide her students this opportunity and to help them find ways to express themselves in unique ways. Particularly at Harpeth Hall, Ms. Noel appreciates that each of her students has signed up for Art I and has chosen to take that course.

The relationship Ms. Noel builds with her students truly expresses how much she cares about each of them individually. "Ms. Noel gives great feedback on art," freshman Skye Dupree said, "and she really takes time to understand and talk with each of her students." In addition,

Clare Hughes stated how Ms. Noel regards each artist and their artwork as individuals with their own creative aspect. Hughes said, "she is a super nice teacher who doesn't talk to us like children, but as equals."

Ms. Noel's favorite projects to give to her students are those involving ceramics. She had been unable to teach it at her last school, so she was excited to integrate this into the Harpeth Hall curriculum.

"This year, someone made [a project] that barely fit in the kiln," Ms. Noel said, "and it was amazing."

Her favorite piece of artwork is a piece she is currently working on. It was featured here at the faculty art show, earlier on in the year and is a mixed-media arts piece.

"It has to do with memories and how we store them, and how our thoughts and experiences are so layered," Ms. Noel said, "and how something can shine through with really crystal-clear clarity, and how other things get hazy."

Overall, Ms. Noel is delighted to be here and cares for not only the art program on campus, but all included in it.

The art program at Harpeth Hall would be a very different experience if Ms. Noel were not a part of it, and her students are fortunate to have a teacher who cares so deeply about her artwork and students.

Bonjour or hello: french exchange at the hall

BY ALIX ALBRIGHT
Staff Writer

An exciting aspect of Harpeth Hall's Winterim program is the opportunity to send students to other countries, but also to host foreign students. Among other countries, France is one in which Harpeth Hall sends our students and welcomes exchange students.

This past Winterim, Eleonor Wright and Mary Blake Graves travelled across the Atlantic to study at the all-girls boarding school on the outskirts of Paris. They took classes such as history, economics, math, French and philosophy alongside their French peers. The both really enjoyed the boarding school style of schooling and getting to spend time with their friends at all hours of the day. "It was like having a sleepover every night," Mary Blake Graves said.

Harpeth Hall's relationship with La Maison D'éducation de la Legion D'honneur has been a treasured asset for several years, as it allows girls to not only improve their French, but also immerse

themselves in a new culture and forge lasting friendships.

Just as Mary Blake Graves and Eleonor Wright explored the many sights and tastes Paris had to offer, Harpeth Hall's exchange

students from France, Anne-Sophie and Paulin, became acquainted with Nashville over the course of three weeks. They enjoyed downtown, the Preds game, Winter Formal and Galentine's. They tried donuts, cookies and cheesecake for the first time and absolutely loved them.

The biggest differences between Nashville and Paris—or the United States and France

for that matter—are the giant portions here, and the fact that we can drive at sixteen years old. Pauline commented that she likes the independence that comes with a license, some-

thing that represents the "American way of life" to her.

Both noticed big differences between their school and Harpeth Hall. First of all, we move from class to class, whereas, at their school, their professors are the ones who change between periods.

Though they like this dynamic of moving from class to class with different students, they feel that a certain comradery



Friendship without borders: (from left to right) Mary Blake Graves, Paulin Juy, Eleonor Wright and Anne-Sophie Petikol form close cultural bonds at a Galentines Day Party. Photo Courtesy of Alix Albright.

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SPRING BREAK ADVICE:



GO OUTSIDE AND ENJOY THE WEATHER!



MAKE SOME MEMORIES

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OUR DREAM MEME



TAKE TIME FOR YOURSELF!

Communication Breakdown

MBA Editor-in-Chief Examines Political Disparity between Sibling Schools

BY PETER TAYLOR

The Bell Ringer Editor-In-Cheif

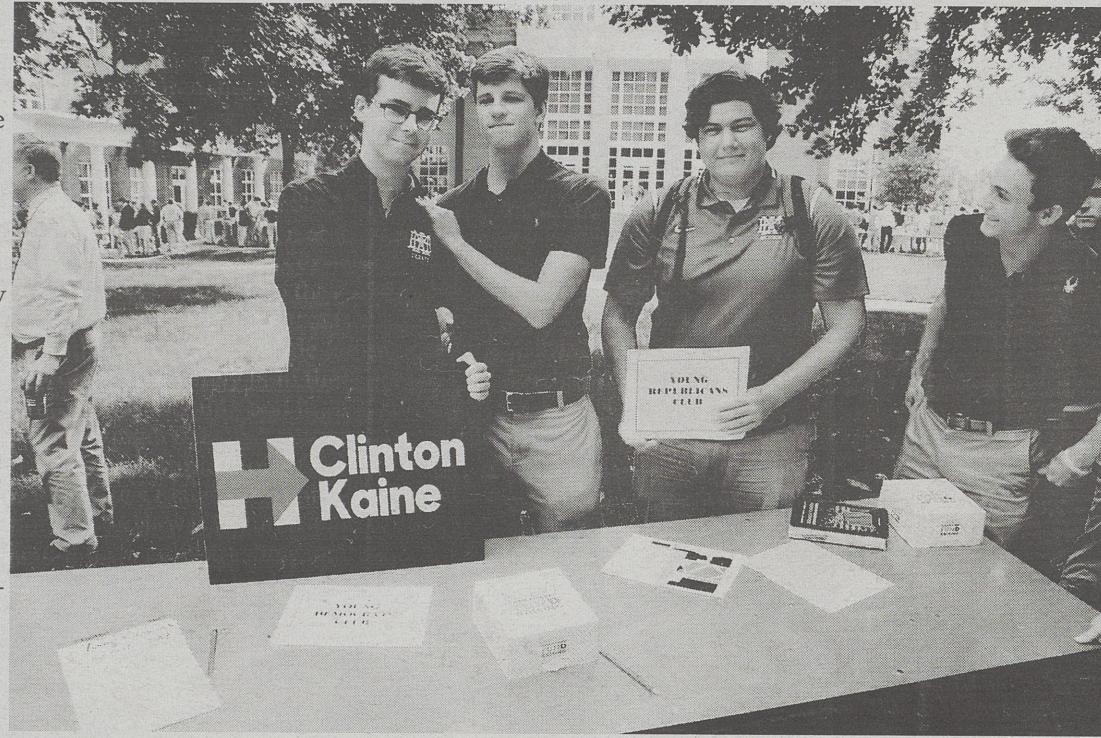
In a country where attempts at discourse seem more of an excuse for conflict than a vehicle for ideas, it's hard to imagine a place more divided than the current political landscape of the United States.

Look no further than the campus of Montgomery Bell Academy. Contrary to the model of our nation's climate, however, political discord does not ostensibly dominate the classrooms and hallways of The Hill. Instead, it permeates them, seeping and oozing into the general consciousness of our students on a level profound enough to be acknowledged yet subtle enough to be missed.

Evident to anyone who attends an MBA sporting event or peaks in at an assembly, mob mentality pervades The Hill. Perhaps a consequence of the brotherhood of resilience and tenacity that unites MBA students, the mob mentality contradicts the spirit of careful and critical thought that defines our curriculum, capitalizing on the human, particularly male, tendency to follow instead of lead.

Instead of exploiting such conviction for constructive purposes in the way that many Harpeth Hall students do, such as bonding together in the Nashville Women's March, this attitude does not merely promote camaraderie, but occasionally extends to become something more harmful. Beyond inappropriate crowd chants at MBA games and the desire to utter offensive if facetious jokes, MBA students attach such an attitude to their approach to politics as well. Though it does not completely guide their political views, it amplifies and illuminates the unsavory aspects of the ways they show support.

The student body of MBA seems to be labelled by Nashville at large as a school filled singularly by Trump support. Earlier this year, Headmaster Brad Gioia



PARTISANS CONTENTION: Liam Jameson of the Young Democrats Club and Jack Hornsby, Magnes Campos, and Jackson Owen of the Young Republicans Club at their Club Sign-Ups *Photo Courtesy of Jack Hornsby*

expressed to me personally his fear that a portrait of MBA would be painted in such broad strokes, ignoring the diversity of thought on campus.

You may inquire as to the nature and doubtful existence of such diversity, but it lies at the core of everything the school represents. MBA is first and foremost an educational institution that teaches students to think and learn independently.

Where is this diversity, then? It is masked by the vigor of people who only make up a portion of our school's identity. In this case, as is habitual throughout history, the voice of the mob, where conservative and restrained thought are united by enthusiasm for belligerence and energy, is louder than the voice of everyone else.

MBA is not deplete of differing thinkers. Instead, these thinkers either express their views reticently or are overshadowed by the far more powerful voices. The existence and conviction of such people is not necessarily noticeable, even to those within the community. Tenured English teacher Jo Palmore earlier this year cut herself off from a political rant, believing that everyone in our class found her crazy, unaware that my classmates and I all shared the views that she felt so contradictory to MBA students.

Yet if a voice doesn't cry out loud enough to assert itself, what makes it any more valid than those whose discordant sentiments it tries to address? Herein lies the problem: within such an insular community where liberal and critical

thought is often difficult to translate from the classroom to the world, students are often lost as to how they might best express their convictions in a way both helpful and docile.

MBA boys often paint Harpeth Hall as a school where the girls play the role of victim, bitterly capitalizing on the loss of their widely preferred political candidate to pity themselves and garner sympathy. Harpeth Hall girls seem to paint MBA students as wildly misogynist and restrained in their line of thinking, undesirous or even incapable of grasping the importance of what they vehemently seem not to support.

Both viewpoints have engendered discord and even outright hostility between both schools. Neither viewpoint is correct.

Harpeth Hall students are merely standing up for the inalienable rights they fear are in danger in a presidential administration seemingly established through apathy for such rights. On the other hand, MBA students are either unaware of the importance of such a cause or unable to support it effectively in light of their constraint by MBA's insular aspects or the crowd mentality that always seems to prevail.

The problem is clear. Wherein, therefore, lies the solution? It begins with communication. All it takes is an open mind from both schools—though such a task is much easier said than done. If both schools make an effort actually to create a dialogue, we will have somewhere to start. Where we go from there, only discussion will tell.

President Trump's New Kind of Progress

Renewing Hope for the Future of America

BY CAROLINE DANIEL
Staff Writer

While it was certainly not a time of celebration for many, on Jan. 20, 2017, Americans watched intently as Donald Trump was sworn in as the 45th President of the United States, marking the beginning of a new chapter in American politics. Whether you feel apprehension or excitement regarding the new administration, Trump supporters and critics alike can now aid in America's progress, though progress may look different to each American.

On Inauguration Day, President Trump set the tone of the next four years with his address. It illustrated what he believes we should strive towards: to return the nation's power to the people.

Trump also condemned the stark contrast between the prosperity of Washington's elite to the struggling masses outside the nation's capital. "That all changes—starting right here, and right now, because this moment is your moment: it belongs to you," Trump said.

President Trump went on to detail the ways in which he would relieve the "American carnage" in which we have been trapped for the past few decades. He

asserted that we must once again put "America first" and seize upon this "hour of action." Trump's words echoed with the patriotic fervor of his well-known campaign slogan: Make America Great Again.

He emphasized embracing the outsider, the little guy, and those wounded from income inequality, boldly offering them a statement of hope: "You will never be ignored again."

I have never been a supporter of the Trump campaign. Many of his actions have offended me in ways I never would have guessed. When I saw the election turning in his favor on November 8th, I could not help but feel hurt, worry, and



THE NOTION OF A NATION: Honeybees gather among other Americans at the capital to watch the New President get sworn in *Photo Courtesy of Lia Hayduk*

anger at the state of our nation and the halt to American progress that was now imminent.

But listening to and reading the words of President Trump's speech on Jan. 20, I understood how he had gained a loyal following. I saw the pain of the working class family, wounded by outsourcing of American jobs. I saw the anger of the oppressed poor, watching longingly as

Washington's elite grew richer and richer. I saw the hope that could be instilled with patriotism, with the chance at a voice in this country's democracy, with an opportunity to make this country "great again."

The definition of "progress" is forward or onward movement toward a destina-

tion. For the past eight years, that destination has been equality for all—race, gender, religion, ethnicity or sexual orientation. For the next four years, that destination will undoubtedly change, but I assert that a destination does still exist; therefore, America will continue to progress.

If Donald Trump can find a way to truly return American power to the people, surely some of the anger and frustration will subside. If the return of jobs can make some dent in our deplorable state of income inequality, surely the working class can cast aside some of their fiery resentment.

For those of you who support President Trump, I hope these next four years restore your faith in this American experiment and prove to you that America can once again be great.

For those of you, like me, who still cannot believe this man is sitting in the Oval Office, take this time to consider the many different destinations "progress" can entail. Take this time to stand up for what you believe in. And take this time to give this political outsider a chance before saying "You're fired."

Censorship of the Press? Sad!

Trump's Road to Fascism

BY ANONYMOUS
Staff Writer

A civil liberty is a freedom guaranteed to the people so that democracy can thrive. Freedom of the press is one of the most important of these. Even the most politically extreme presidents have not gone as far as President Trump as when it comes to breaching this sacred American right.

Recently, I read an article published by the New York Times that deeply unsettled me. The incredibly respectable authors, with 32 years of journalism experience between them, exposed Trump's blatant efforts to censor the press, including attempting to delegitimize their own publication. These actions leave Trump on the brink of fascism.

The article cites specifically Trump having called journalists the "enemy of the people." He subsequently banned press sources that had been critical of his administration from attending an important, off-camera briefing by the Secretary of the Press, Sean Spicer on February 24, 2017. The list included any journalist from CNN, The New York Times, BuzzFeed News, Huffington Post, NPR, The Los Angeles Times and BBC.

An article published by Voice of America, honed in on the phrase "enemy of the people." Although originating in ancient Rome, it was popularized by Joseph Stalin, during his infamous purges in which he killed tens of millions of innocent Soviet citizens, including journalists, farmers who rebelled, and any political opponents, even in his own party. Mao Zedong also used this phrase to label people who disagreed with him, whom he then killed.

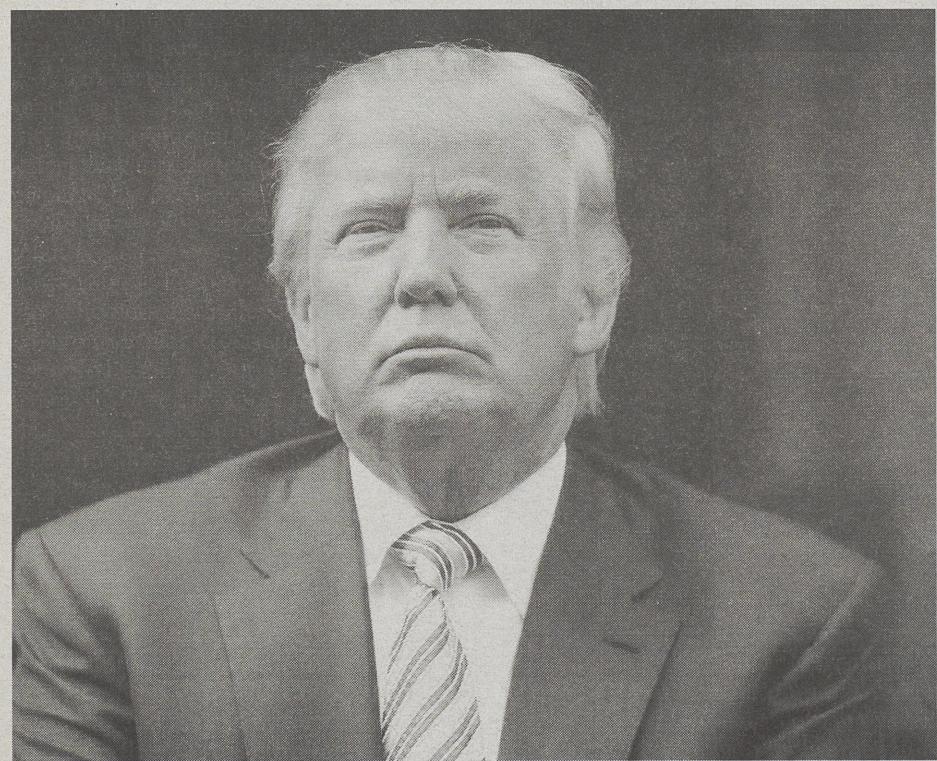
The similarities between President Trump and mid-century fascist dictators are astounding to me. Both Trump and these dictators exhibit extreme nationalism with an "our country first" mentality, promote the idea of racial superiority, and use people's fears and

hatred to garner support. These leaders all share a fiercely conservative mindset, restricting many civil liberties, working closely with big businesses and have a cult of personality. The similarities are overwhelming. And, it is important to note that "America First," one of Trump's favorite phrases, became popular during 1940's America, as an excuse for extreme anti-semitism among those sympathetic with the Nazis.

Censorship of the media is not to be taken lightly. It is in many ways how fascist regimes begin and because of this has been a huge factor in the worst human rights disasters the world has seen. Restricting the press and not letting citizens know what is really happening in their country played a role in atrocities including Holodomor in Ukraine, Mao's Great Famine in China, and most famously, the Holocaust. Republican Senator John McCain has said that Trump's steps to silence the press is, "how dictators get started." I'm absolutely horrified at the way Trump has crossed this line, as most Americans should be.

Like in these situations, civil liberties have been continuously under attack since the beginning of Trump's administration, and I cannot believe the road down which my nation is headed. Trump seems to have an unquenchable thirst for media that displays him in a positive light only. The appearance of undeniable propaganda is not far behind.

As Soviet poet Yevgeny Yevtushenko wrote, "When the truth is replaced by silence, the silence is a lie." The unacceptable changes being made by the current administration only makes me more determined to learn the truth. Every aspect of his outrages me: as a relative to those killed by Hitler in the Holocaust, as a journalist, as someone who values justice, and as an American.



TRUMP'S AMERICA: The 45th president assumes the responsibility of leading America at his Inauguration on Jan 20. Photo Courtesy of LinkedIn.

Peace Be With You

Being Muslim at Harpeth Hall

BY BUSHRA RAHMAN
Features Editor



LIBERTY AND JUSTICE FOR ALL: Muslim Americans march for their rights in New York Photo Courtesy of Huffington Post

As a Muslim, I truly appreciate this school's recent efforts to encourage and promote more diversity and safety and on campus, but I feel that those in our community will receive a truer sense of the religion by having more exposure to Muslims by normal, everyday interactions.

Currently, the number of Muslims attending this school is enough to count on one hand. That being said, I believe Harpeth Hall needs to continue to diversify their students so that minority perspectives, such as Muslim ones, are better understood and appreciated by our campus community.

Undeniably, this is a difficult time to be a Muslim. With anti-Islamic rhetoric and policies becoming more prevalent, it becomes understandable why Muslims throughout the U.S. are on edge. While I am troubled by the discrimination towards the Muslim community that I am seeing in our country, I know that I am protected when at Harpeth Hall. Despite the worrisome lack of Muslim individuals at our school, I have never felt out of place in these halls. We've all heard of the "Harpeth Hall Bubble", but the minorities here experience this on a whole new level. I was only recently hit with this reality.

When visiting my mosque, I have noticed that lighthearted conversations have shifted to more somber ones about firsthand accounts of religious persecution or about family members being denied re-entrance into the country. Due to the increased threat of hate crimes, police cars are stationed outside the mosque every Friday during prayers for safety. It is astonishing to see the joyful faces I have grown up with now filled with worry about their current predicament. Many of my friends wear the hijab and have recounted numerous instances of verbal abuse.

However, despite all this, I am inspired by the community's hopefulness and sense of unity during this time. It is reassuring to see my community coming together to discuss solutions, while also receiving support and compassion from others outside the mosque. More broadly, seeing this support on a national level is even more inspiring. While several strides have

been taken in the right direction, I feel there's still much to be accomplished.

Being a Muslim at Harpeth Hall is a completely different situation. Never once have I felt the need to hide what I believe from anyone within the community, though my beliefs are in the very small minority. Here I feel not only accepted, but embraced by the entire community despite our differences in religion. Entering as a 6th grader, I felt not only apprehensive about attending a new school, but on top of that wearing a long skirt that stood out from all the others, a visual representation of my religious identity that was shared by so few. I had chosen to do this because of my faith - in Islam, women are encouraged to dress modestly. My skirt stood as a visual reminder that I was different from everyone. As an awkward middle schooler, I felt even more insecure about having to roam the halls in a skirt that was double the length of everyone else's. However I quickly figured out from my first day that there was little to worry about.

To this day, no one has ever drawn attention to my skirt in a way that feels ostracizing. When sharing my religion with peers and teachers, I am met with curiosity and intrigue rather than judgment. I feel very fortunate for the immense respect I have received from this community and hope to be a true example of what my faith teaches.

Yet, it is important to keep in mind that Muslim high-schoolers just miles away may not be having similar experiences. I feel there should be more healthy conversations and awareness about the Muslims in our own local community and more of an initiative to understand the challenges they may be facing more recently.

I would encourage those with questions about Islam to ask personally, rather than being informed by what they hear on the news. I am sure that in an environment as uplifting as Harpeth Hall's, these interactions will only lead to healthy discussions and make way for new perspectives. Harpeth Hall is an extremely welcoming environment where minorities of all sorts feel secure and fortunate to be here--we just need some more of us.

Teachers' secret celebrity crushes

BY AVA BONEY, CLAIRE GOULD & MOLLY POWER
A&E Editor



Mrs. Moses
NOT
John Travolta



Dr. Wilsman
Jennifer Love
Hewitt



Mrs. Biegl
George
Michael



Mr. Abraham
Paula Abdul



Mrs. Webster
Heath Ledger



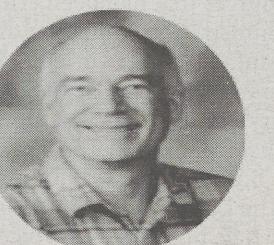
Mr. Tuzeneu
Nikolaus
Harnoncourt



Dr.
Chamberlain
Johnny Depp

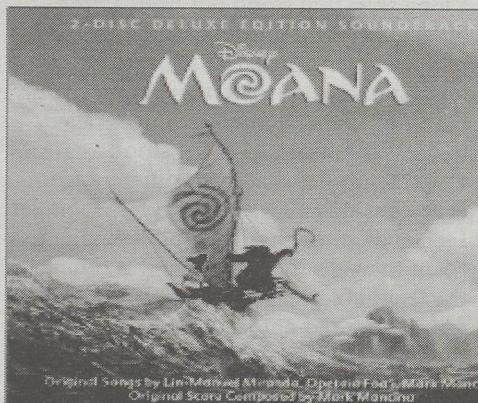


Dr. Echerd
Dr. Echerd



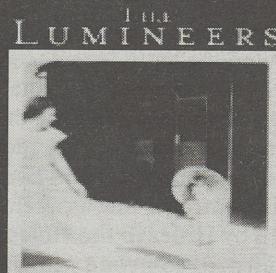
Hot tracks for even hotter weather

BY AVA BONEY
A&E Editor



Album: Moana
Featured: "How Far I'll Go"

Notes: Whether or not you've seen Moana, the soundtrack is a must! It is full of great songs composed by the amazing Lin-Manuel Miranda and features vocals by Dwayne "The Rock" Johnson and Auli'i Cravalho



Album: The Lumineers
Featured: "Dead Sea"

Notes: The Lumineers' self titled album is a collection of amazing folk-rock songs that will instantly put you in a good mood.



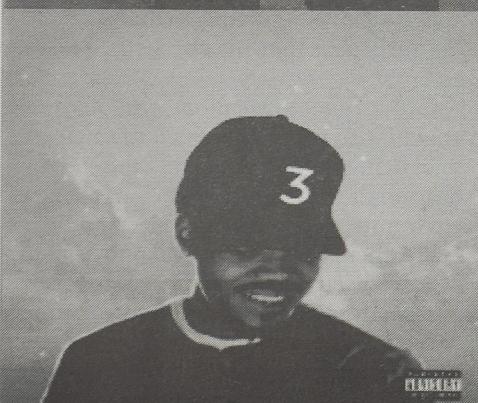
Album: Born in the U.S.A.
Featured: "I'm on Fire"

Notes: An oldie but a goodie, Bruce Springsteen's album *Born in the U.S.A.* is a collection features some of his greatest hits that are perfect for a day relaxing on the beach with friends.



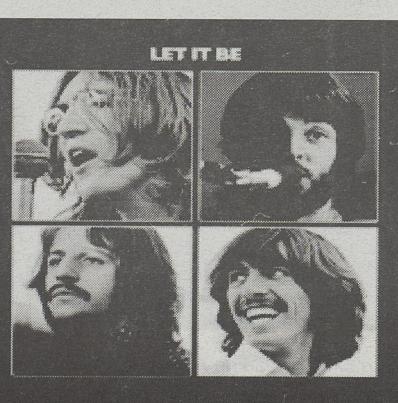
Album: Soul (How I Keep Movin' on)
Featured: "Hustlin'"

Notes: *Soul (How I Keep Movin' on)* is a soul-folk album that is perfect for those chill days spent exploring your spring break destination.



Album: Coloring Book
Featured: "How Great"

Notes: Grammy winning Best New Artist, Chance the Rapper's album is wonderfully has great instrumentals and phenomenal lyrics. *Coloring Book* is a great album to listen to on Spring Break nights.



Album: Let it Be
Featured: "Across the Universe"

Notes: Everyone knows The Beatles are legendary. *Let it Be* is a great album for chill mornings with your friends.

Celebrity opinions: Do they matter?

BY MADDIE FORBES & LIZZY ASAD
A&E Editors

In our president's short time in office, there have been many disputes over his recent actions, most notably the temporary travel ban placed on seven countries. The 120-day ban prevents refugees coming from several Muslim-majority countries—including Iran, Iraq, Syria, Sudan, Libya, Yemen and Somalia—from entering the country.

As many celebrities do in today's technological era, some of the most popular artists and stars took to social media to reveal their thoughts on Trump's executive order. For example, Sia tweeted that she would match donations up to \$100,000 for the American Civil Liberties Union, benefiting refugees and members of the LGBT community; Rosie O'Donnell pledged to match Sia's contribution, causing Judd Apatow to do the same.

Bruce Springsteen's speech at a concert and subsequent tweet referred to America as "a nation of immigrants," and the Hadids, sister supermodels, took to the streets of New York to protest, posting an Instagram pic of the two holding a sign bearing the message "We Are All Humans." Nicki Minaj tweeted, "The most harmful thing you could ever take away from another human being

is hope. #ProudImmigrant #Grateful #TaxPayerButIcan'tVote #America." Ellen Degeneres followed suit, declaring "For me, America is great because of all the people who came here. Not in spite of them. #NoBan."

But do these celebrity opinions actually matter in today's political landscape? On this question, Junior Eleanor Wright said "I think everyone's opinions in this world matters. However, celebrities' opinions matter because they have so many people looking up to them. Their opinions carry more weight." Junior Margaret Gao said "Our current culture and political scene both make appearances in actors and singers' work and so does their personal biases. Their opinions do matter because in one way or another, the consumers of a celebrity's work will subconsciously absorb the celebrity's opinion."

While Trump in his campaign had and in the present has the support of a number of celebrities, this particular executive order seems to be drawing mainly negative attention from the celebrity population. The power of celebrity is showcased in this showdown between Trump and many of today's favorite stars, and it will be interesting to watch his relationships with famous musicians, actors and other stars unfold over the next four years.

La La Land Review

BY ALIX ALBRIGHT
Staff Writer

'La La Land' recently clinched 14 Oscar nominations, tying it with 'Titanic' and 'All About Eve' as the movie with the most nominations in Academy Award history.

In my opinion, the movie/musical merited every single one, and I hope to see it win many on February 27.

Emma Stone stars next to Ryan Gosling in 'La La Land', a musical set in the present day, yet featuring a heavy 1950s vibe throughout.

It serves as the perfect gateway into the musical world for those not too keen on theater. The joyous song in the first scene sets the stage for a movie that leaves moviegoers happy and hopeful as they leave the movie theater.

The soundtrack is incredible. In fact, I have been listening to it on repeat ever since I saw the movie. At times upbeat and at times emotional, the soundtrack guides spectators through the movie, all the while, adding a hint of jazz.

While some complain about the terrible dancing and singing, I found neither to be quite that unbearable. In fact, I appreciated the slightly imperfect singing, and found it added realism to the plotline.

As for the dancing, I found it to be quite impressive, especially coming from actors with no previous dancing experience. I admire that both Gosling and Stone prepared months beforehand,



practicing their singing and dancing. Gosling even learned the piano for his part. Now, that's dedication!

The movie's greatest accomplishment lies in its breathtaking cinematography.

In many singing and dancing scenes, a single camera moves with the characters, almost as a dancer itself, smoothly maneuvering in and out and all around.

The precise times at which scenes are shot allow for gorgeous sky backdrops, and the brightly, single colored outfits not only please the eye, but also add to the aforementioned 50s vibe.

'La La Land' not only conveys a sweet love story, but also leaves spectators more appreciative of jazz and musicals in general.

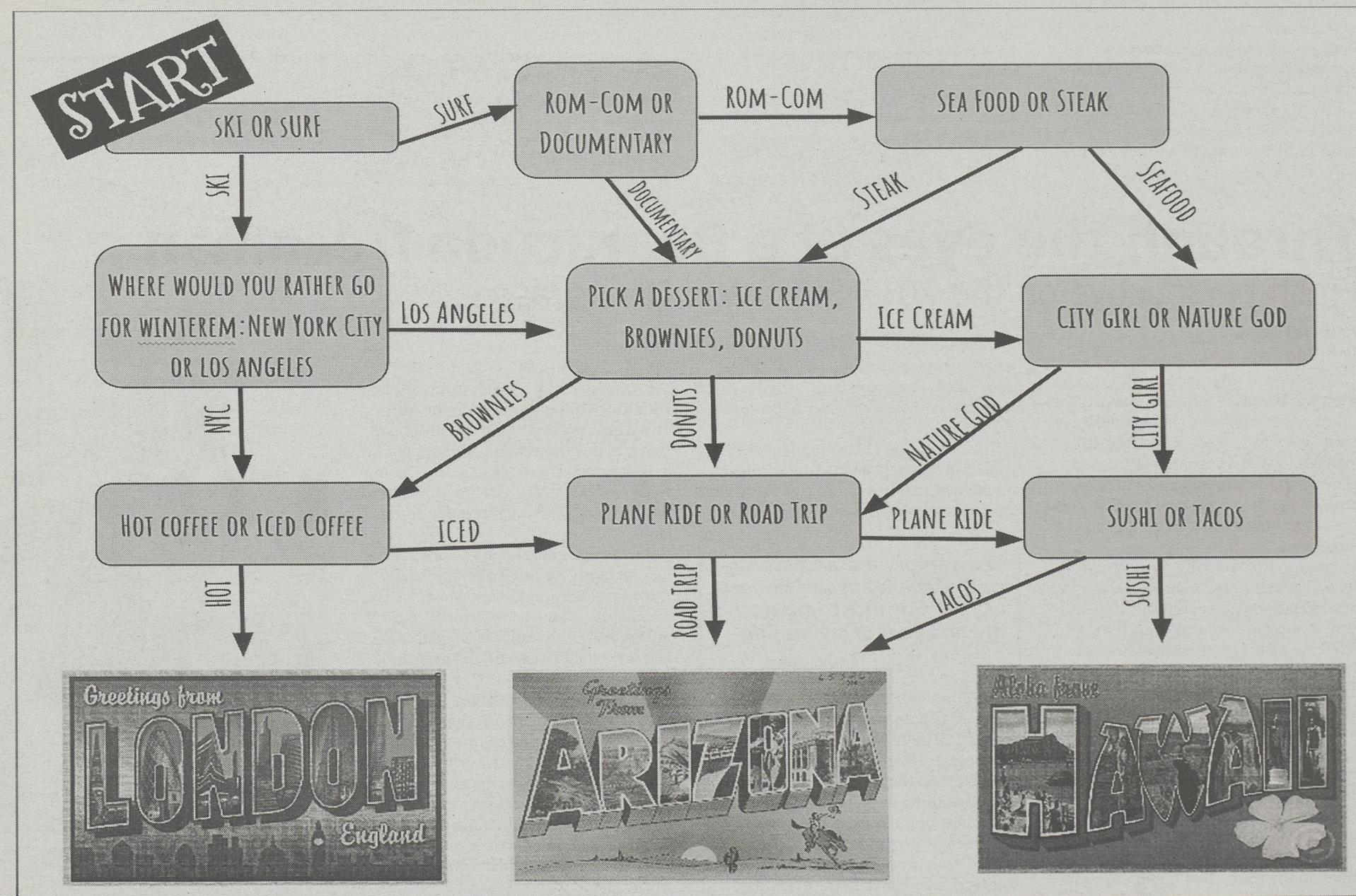
Though at first I found myself disappointed with the ending, I believe that it rendered the movie more realistic and forced spectators to pause and think.

At the end of the day, there is a reason why viewers and the media cannot stop talking about the movie.

The beautiful cinematography, catchy tunes and sweet story line will leave anyone in a better, more thoughtful mood.

Where should you go for spring break?

BY AVA BONEY
A&E Editor



Harpeth Hall Bearacudas dominate in Knoxville

BY EMILY JENKINS

Sports Editor

The Harpeth Hall Bearacudas finished out their season with a big win on Feb. 10 and 11 at the annual state swimming and diving meet, marking their fourth consecutive state championship.

Every other year, the team travels to the University of Tennessee in Knoxville to compete against almost fifty other girls' teams from across Tennessee for the illustrious state title. Each year, the team arrives ready to compete—and this year was no exception. After a spirit tunnel sendoff, the Bearacudas left Harpeth Hall feeling excited and nervous about the upcoming weekend.

Once in Knoxville, the swim team warmed up in the competition pool and made sure to include a few traditions the night before the meet. The seniors made superlatives for each swimmer and diver, with nicknames such as "Most likely to count down the minutes of practice" for freshman Eleanor Henderson and "Most likely to cry before the seniors are even gone" for junior Kate Mabry.

Before the end of the night, Coach Polly Linden read a letter from last year's seniors, encouraging the team and getting them excited for the next day. Junior Bearacuda Kate Mabry said, "Traditions like superlatives and the past seniors' letter show how close and supportive our team is. Once a Cuda, always a Cuda!" Jennie Gaw, also a Junior Cuda, summed it up when she said, "The team is unique because even though the sport is difficult, it's all worth it to be a part of such a great group of girls."

On the first day of the meet, the

swimmers dove in for a great round of prelims. The following night, at finals, the Bearacudas started off strong with several top finishes. The 200 yard medley relay of freshman Alex Walsh, freshman Alex Massey, junior Julia Jane Eskew and sophomore Ophelia Pilkinton kicked off the meet with a first place finish, narrowly missing the state record by 0.2 seconds, beating out the others in their field by an astounding almost five seconds. All four of these girls will be back next year to try for this record once again!

Second up was Walsh, who quickly

and senior Anna Clarke Harrison 15th in the 1 meter diving.

Back in the pool, Pilkinton finished second in the 100 yard freestyle, and Nelson finished second in the 500 yard freestyle. Harpeth Hall hit the wall third in the 200 yard freestyle relay, and Walsh brought in another state record in the 100 yard backstroke, blowing away her competition and arriving at the finish almost a body length ahead of all other swimmers. Eskew finished third in the 100 yard breaststroke, finishing the individual events with a strong performance.



FOUR-PEAT: After an exciting two days in Knoxville, the Bearacudas show off their championship trophy. Photo Courtesy of Emily Jenkins.

turned around and set a state record in the 200 yard freestyle. Sophomore Ella Nelson also garnered a state title in the 200 yard IM. More success came when Pilkinton finished as a state runner up in the 50 freestyle and Alex Massey got third in the 100 butterfly.

The second day of competition saw more records broken and a few more best times. On Saturday afternoon, the divers all had strong performances, with sophomore Mia Brakebill finishing 11th

The last and quite possibly most exciting event of the weekend was the 400 free relay, where Eskew, Walsh, Pilkinton, and Nelson combined forces to finish off the meet on a strong note by breaking the state record. They processed into race to the tune of "Prelude 12-21," in keeping with tradition of relays of the past (the song also played at the post-state assembly).

Overall, the events of the second day sealed the deal and ultimately led to the

Bearacudas winning their fourth consecutive state championship. The energy and hype in the Allan Jones Aquatic Center's natatorium was unparalleled, and each swimmer and diver competed at the highest level to bring the title home.

Beyond state weekend, the Bearacudas had an incredibly successful season. After winning at the McCallie Invitational in Chattanooga and bringing home gold at the Regional Championships at Centennial Sportsplex for the twentieth consecutive year, the power of the Cuda fam is not to be underestimated.

For the seniors on the team, Knoxville's state meet was the end of an incredible four years. "This team has been such a big part of my life for the past four years, so experiencing the last few weeks of practice leading up to state was bittersweet," senior swimmer Emily Jenkins said. "The last few days of practice were so fun and the team bonded together even more as we left for Knoxville."

The environment at state is always incredibly exciting, and this year was no exception. Some of my favorite

memories from the past four years aren't just from swimming in these big meets, but from cheering from the sidelines with my teammates as other girls achieve best times."

Freshman Ilanit Sedek put it best when she said, "This team has breathtaking swimmers, but also an unbreakable bond." The Harpeth Hall Bearacudas had a remarkable 2016-2017 season, where swimmers beat past times and hold new personal records and many Harpeth Hall swimmers now hold new state records.

Through the eyes of a Bearacuda freshman...

Fresh perspective on the 2017 Swim and Dive season

BY ILANIT SEDEK

Staff Writer

My personal experience with the swim team was certainly different than expected. As a freshman, the Upper School was scary on its own, and I was admittedly terrified to start swimming in October. However, swimming turned out to be the most amazing experience I have ever had and something I will cherish for the next three years.

It was so fun cheering on girls as they get a new best time or aim to break a record, and the party continues at Chick-fil-a or Steak-n-Shake after each meet to celebrate making new cuts or best times.

The first out-of-town meet at McCallie was my favorite meet. To start it off, the swimmers arrived in Chattanooga a little early to cheer on the divers at their meet. Already, I began to see how my new family operated, and it was here that my love for swimming sparked.

After cheering on the divers, the team went out for dinner and ice cream, and I began to get to know some of the seniors on the team. That night, the team

gathered in one of the older girl's rooms, where we stayed up late, played games, and talked; I began to trust the girls in the room around me, who later became my sisters.

The seniors are an essential part of the team and honestly had the most impact on my first year of swimming. These girls are our role models, our biggest cheer-

The seniors are an essential part of the team and honestly had the most impact on my first year of swimming.

- Ilanit Sedek

leaders, and our diligent party planners. They are people who gained my trust in a matter of days. They made me feel like I belonged. They are the leaders of every single girl on the swim team and did a great job filling in that role.

The rest of the team made up an incredible group of girls that supported and helped each other. Two juniors drove me to practice and back home every day, and

they really made an effort to get to know the underclassmen.

I was also lucky enough to share a lane with the two sophomores on the team. These girls pushed me to go harder and faster, and without them, I would not have improved as much as I did. During wacky swimsuit day, I twinned with these two girls and by far we were the cutest lane.

As a new member of the 'Cuda fam, I got to live it up and make new friendships I never thought were possible. The friendships I have with the other girls in my grade on the team are irreplaceable, and I'm excited to spend the next three years with them.

Figuring out who I wanted to surround myself with during my freshman year was difficult until I became part of this amazing team.

If anyone is considering joining this team, it is a must. Next year even more records will be broken, more bonds will be made, and more post-meet Chick-fil-a will be eaten - I wouldn't trade it for the world.



WITH HER ROLE MODELS: Ilanit Sedek (center) poses with senior cudas Corinne Brien (left) and Emily Jenkins (right). Photo Courtesy of Emily Jenkins.

Our ballin' bears: highlights of the 2016-2017 Harpeth Hall basketball season and results

BY MARY JOHNSON

Staff Writer



GETCHA HEAD IN THE GAME: Coach Kornet gives his players a pep talk during a home game timeout.
Photo Courtesy of SmugMug.

The 2016-2017 Harpeth Hall basketball season was filled with ups and downs, but each Honeybear kept her head up and persisted, from hard morning workouts and practices to exciting games. Although the season ended earlier than expected, it was one of the most memorable for the girls and their new coach thanks to the incredible leadership by the senior Bears.

The season began with the hiring of a new head coach, former NBA Milwaukee Bucks player Frank Kornet. The Bears were excited for a new coach who would bring a new perspective to the basketball program. If the name Kornet sounds familiar, you might be thinking about his son, Luke, who is a star player on Vanderbilt's basketball team. Frank Kornet, having been Anne Johnston's assistant coach at Harpeth Hall for the previous two years, stepped up to the title of head

coach in the spring of 2016. Rachel Jones continues to be the junior varsity coach alongside Coach Kornet.

The basketball players, veterans and newcomers alike were excited for a new coach and a new season. Seniors Mary Triplett, Susanna Andrews, Anna Owens and Sydni Hill were especially excited to take the lead during their last high school basketball season, bringing a contagious energy and intensity to the court.

Beginning their training during the summer, the team participated in camps at both University of Louisville and Lipscomb University. From their solid performances at these camps, the bears could tell that their season looked promising.

After weeks of team strength training and conditioning, the season finally began, the first practice taking place on Halloween. The first week was hard,

time-consuming and even a little frustrating for the girls, but they looked forward to their first scrimmage the following week and a tournament in Clarksville the week after.

During the Clarksville tournament over Thanksgiving Break, the Bears played against Ensworth for their first rivalry game of the season. Unfortunately, the Bears lost by about thirty points to the Tigers, but they knew that they would meet two more times during the regular season, so their hope and determination did not diminish.

To kick off the season, the Bears participated in a team sleepover at fellow Honeybear Mary Caroline Hayles' house. Thankfully, Susanna Andrews live-streamed the majority of the shenanigans that occurred including playing games, putting together a puzzle and gift swapping. A highlight of this evening was most definitely the potluck, where everyone brought some sort of unhealthy food. The Bears discussed the expectations for the season and bonded with each other.

The regular season started with a smooth win against St. Cecilia. More importantly, though, the players and coaches were preparing for the regional games against Ensworth, Brentwood Academy, and Father Ryan, beginning in December. The Bears beat GPS both at home and away and came close to beating the Eagles at home. They were defeated again at Ensworth and beaten by Father Ryan's undefeated varsity team.

Senior Night approached, and the team was pumped and prepared to play Baylor. Starters Anna Owens, Emma Lowe, Taylor McDermott, Susanna Andrews, and Sydni Hill, along with lots of energy from the bench, allowed the bears to defeat the raiders. They bonded even further during this special night, as their second annual cactus & succulent swap took place; each player brought in their own cactus, and

the girls all had a gift swap, ending with a different plant than they came with. After a huge win, the team's confidence was replenished; they were sure that they had the potential to beat Ensworth, Brentwood Academy, and Father Ryan.

The Bears were close to beating these top three teams and were even winning during the first three quarters in a game against Ensworth, but came out with narrow losses. Coach Kornet hoped they would play at least one of these teams again in the state tournament to hopefully redeem themselves. The first round of the tournament was played on February 21st at Harpeth Hall against GPS, and the Bears pulled out a win.

Next was Briarcrest. The Bears travelled to Memphis on February 24th, hoping to move onto the semifinals the following week. The Bears put up a fight against the Saints, but ended up coming out with a loss.

After their last game, Coach Kornet commented on how the season was one of the most memorable for him to coach because of the team dynamic. This year was also memorable for him since it was his first season as head basketball coach for Harpeth Hall.

Overall, the season was filled with ups and downs, but the girls were resilient. They never stopped working hard and being great teammates, supporting each other every step of the way. Coach Kornet always encouraged the girls to smile and to stay close to one another.

Although the Bears won't miss hearing, "get on the baseline," "six free-throws," or "girls, quickly," they will certainly miss playing together, laughing at each other's memes and eating chocolate chip pumpkin muffins in the locker room. This is a close group of girls, and the seniors will be missed so much next season. Sydni Hill said it best when she summed up the season: "Twas fun."

Pregame rituals: a peak into HH superstitions

Competition customs and habits that Harpeth Hall athletes depend upon

BY HALLE PETRIE AND KELSEY HERRING
Sports Editors

Unwashed socks. Pregame rituals. That one special song. What do they all have in common? They represent the superstitious athletic traditions by which Harpeth Hall girls furiously abide. While some have to do with the pregame mindset, others are just lucky. Some involve the team, and others are strictly solo.

It is these superstitions that keep an athlete focused and prepares her for her upcoming game, match or meet. We decided to delve into this phenomenon by interviewing some of our own Harpeth Hall Honeybears, who all said that they cannot play their sport to their best ability unless they perform these rituals.

While some of them may seem frivolous and maybe even a little insane, these superstitions help athletes exert some sort of control over the unknown future. It becomes a source of confidence and stability. Research shows that it can even help with performance.

When asked about their own superstitions, Harpeth Hall girls like softball player and senior Grace Anne Holladay had many to discuss. "As I run

out onto the softball field, I have to touch first base before I run out to my position," Holladay said.

"I also have a routine at the start of every at bat—I run behind and around the umpire to the right-handed batters box, put one foot in the box and adjust my helmet. I can be a little frazzled if I don't go through my whole routine as I step up to bat, as it typically means I'm in a rush and haven't had time to calm down, which is essential to focusing on an at bat."

Others are less meticulous. Freshman Emily Anderson has to eat seven red gummy bears before every race at a track meet. Senior Franny Ford eats beef jerky before a run in cross country, and senior Caroline Daniel has to shave her legs before each race. These routines give them confidence, assurance and security.

Some girls have lucky objects; socks seem to be a staple. For example, for two years, senior Katie Wilkins wore a pair of knee-high astronaut socks without washing them once to rifle match. Senior Emma Farrar wore a certain pair of senior Lizzie Singleton's socks for two whole seasons of cross country races!

Some superstitions don't only apply

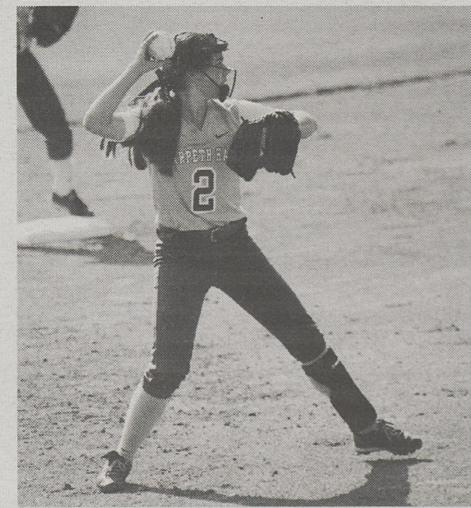
to one athlete or team, but instead to the whole sport. Caroline Kiesling, a sailing expert, told us that having bananas on board is considered bad luck among the entire sailing community. She has even had experiences of having bananas on board, which supposedly resulted in something going wrong.

"Once someone in our crew brought a banana on the boat and we lost the race," Kiesling said. "I have absolutely no idea how [this superstition] began. Some fruit shipping companies refuse to carry bananas by barge or cargo ship. Also, I know a guy who was the captain of a ship participating in a transatlantic race. A snack company wanted to sponsor them, and their main product was dried fruit. He had to reject the offer because he couldn't take dried bananas on board."

These actions are not meant to be rational; superstitions can be a constant, helpful presence that athletes understand are not physically, but psychologically and emotionally necessary. In some cases, because the athlete believes that the routine works, without performing these rituals or wearing a certain item of clothing, she feels underprepared and

unfit to compete.

Whether they involve food, hair, or specific movements, all of these superstitions become a part of the athlete themselves. They shape the way athletes play and allow them to have fun while they do it. Furthermore, they contribute to a great story behind an athlete's race or game!



HEY BATTER BATTER: Grace Anne Holladay throws the ball to first base after doing her game routine. Photo Courtesy of Grace Anne Holladay.

